



Continuing Education Department Workshops

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Training Institute for Mental Health

Chartered by the Board of Regents of
the University of the State of New York
22 West 21 Street, New York, NY 10010-6904
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Please Post

Body Issues and Eating Disorders

A Workshop led by
Dianne Heller Kaminsky, LCSW

Saturday, November 17, 2007

10 A.M. to 3 P.M.

(includes 1 hour break)

Fee: \$60.00 per participant

Body issues and eating disorders, which include anorexia, bulimia, binge-eating disorders and obesity, have become a leading cause of concern among both men and women in our culture and represent a major health problem.

Our nation is infatuated with slimness. Diet centers, slimnastic classes, weight reduction support groups, and figure salons are prospering like never before. Dieting accounts for the fastest growing industry in the United States. Never has there been so much public interest in a psychological disturbance. Newspaper, magazine, radio and TV coverage of anorexia and, more recently, bulimia is unprecedented. As a well-known expert in the field, Muriel Dimen states, "Body matters are so weighty, so deeply important, that they often cannot be spoken. Untellable, they can be shown like much that happens in consulting rooms."

During this workshop, we will

- Define what we mean by anorexia, bulimia and binge eating disorder.
- Examine the psychodynamics of the various types of eating disorders, differentiating between the disorders, as well as the family constellations of the different groups.
- Examine the transference and countertransference issues specific to anorexia, bulimia and obsessive eating disorders.
- Discuss trauma related issues such as sexual abuse, etc.
- Explore the different treatment modalities: individual, group and family therapy.
- Note the medical implications of eating disorders.

Participation and discussion of clinical issues from workshop attendees is encouraged.

The workshop presenter, Dianne Heller Kaminsky, LCSW, BCD is a training analyst, and senior supervisor and is on the faculty at the Psychoanalytic Institute of the Postgraduate Center for Mental Health, in both the individual and group therapy training programs. She supervises at the Institute for Contemporary Psychotherapy and is former co-director of training for the Center for the Study of Anorexia and Bulimia. In addition to teaching and supervising at several psychoanalytic institutes, Ms. Kaminsky has written and presented papers on anorexia, bulimia and compulsive eating. She is in full time private practice in New York City.

The Training Institute for Mental Health offers training and services without regard to sex, age, race, religion, sexual orientation, country of origin, or ethnic background.

Registration Form (please print):

I am registering for the **11/17/07-Body Issues & Eating Disorders workshop** and have enclosed a check or money order for **\$60.00 (includes \$5.00 non-refundable registration fee)** payable to: **Training Institute for Mental Health**. (The fee for Training Institute for Mental Health candidates and interns is \$30.00.)

Send Registration to: Registrar
Training Institute for Mental Health
22 West 21 Street 10th Floor
New York, NY 10010-6904

Send Registration to reach us by 11/13/07. After 11/13 deadline, please call 212-627-8181 if you wish to attend.

Name _____ Graduate Degree _____ Bus. Phone () _____ Home phone() _____

Address _____ Apt or Box number _____ City/State/Zip _____

Please Indicate: Do you wish a **Certificate of Workshop Attendance** with 4 Continuing Education hours verification, which will be sent to you after completion of workshop?: Yes _____ No _____