



Continuing Education Department Workshops

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Training Institute for Mental Health

Chartered by the Board of Regents of
the University of the State of New York
22 West 21 Street, New York, NY 10010-6904
212-627-8181 www.timh.org

Please Post

Is There a School for Love? Hopes, Fears and Expectations in Couple Relationships.

A Workshop for Clinicians
led by
Hilary Ryglewicz, MSW

Saturday, January 12, 2008

10 A.M. to 3 P.M.

(includes 1 hour break)

Fee: \$60.00 per participant

Now we'll live happily ever after...but what if we end up getting divorced?

We never fight... but sometimes I feel restless and bored.

I think we're made for each other...but what if I'm making a mistake?

She really accepts me...but what if she learns what I'm really like?

These are some of the hopes and fears that we (our clients and ourselves) may feel when we

start getting close to someone. How can we avoid the blunders that can spoil a promising relationship? How much do you have to give? How much do you have to give in? Is it supposed to be so difficult?

This workshop for clinicians is about what we learn about love and where we learn it—from our earliest models, our parents, family cultures, background and experiences—and about the lessons that need to be unlearned or modified in adult life.

Among relationship issues discussed will be:

- ▲ the balance of togetherness and differentiation
- ▲ how shame, privacy and openness affect the growth of intimacy
- ▲ varieties of trust and betrayal
- ▲ the 'languages' of love, anger, desire and reconciliation

Both fictional and clinical examples will be offered, and there will be time for discussion of participants' case material.

Presenter Hilary Ryglewicz, MSW, is a psychotherapist with over 25 years experience in agency and private practice, and as a writer and trainer in community mental health services. She is a supervisor and adjunct faculty member at the Training Institute for Mental Health in their Couples and Group Program. She is in private practice with individuals and couples in New York City and in Nyack, NY.

The Training Institute for Mental Health offers training and services without regard to sex, age, race, religion, sexual orientation, country of origin, or ethnic background.

Registration Form (please print):

I am registering for the 1/12/08 – **Is There a School for Love? workshop** and have enclosed a check or money order for **\$60.00 (includes \$5.00 non-refundable registration fee)** payable to: **Training Institute for Mental Health**. (The fee for Training Institute for Mental Health candidates and interns is \$30.00.)

Send Registration to: Registrar
Training Institute for Mental Health
22 West 21 Street 10th Floor
New York, NY 10010-6904

Send Registration to reach us by 1/8/08. After 1/8 deadline, please call 212-627-8181 if you wish to attend.

Name _____ Graduate Degree _____ Bus. Phone () _____ Home phone() _____

Address _____ Apt or Box number _____ City/State/Zip _____

Please Indicate: Do you wish a **Certificate of Workshop Attendance** with 4 Continuing Education hours verification, which will be sent to you after completion of workshop?: Yes _____ No _____