



## Continuing Education Department Workshops

Sandra Parness, LCSW,  
Director of Continuing Education Program

## Training Institute for Mental Health

Chartered by the Board of Regents of  
the University of the State of New York  
22 West 21 Street, New York, NY 10010-6904  
212-627-8181 www.timh.org

Please Post

# Psychoanalytic Self-Psychology

A Workshop led by  
Andrew J. Karpf, PhD

Saturday, February 23, 2008  
10 A.M. to 1 P.M.

Fee: \$40.00 per participant

This workshop is designed for clinicians to learn and/or review basic tenets of Psychoanalytic Self-Psychology. Some of the concepts that will be reviewed include defining "self-object," the phenomenon of self-object transferences, the necessity for a developing individual to have mirroring, idealizing and twinship self-object relationships.

In examining these self-psychological concepts, comparisons will be made of Kohut's theory with other theorists, notably Winnicott, Guntrip and Bowlby. We will look at the similarities and differences in these theoretical positions. We will discuss how one's theory informs the clinician's approach to such issues as understanding and managing patients' aggression.

Workshop participants are invited to offer case vignettes regarding the dilemmas faced by the clinician in working with "acting out" patients

Andrew J. Karpf, PhD is a senior supervisor and faculty member of the Psychoanalytic Training Program at Postgraduate Center for Mental Health. He is a former Attending Psychologist at Beth Israel Medical Center and a former faculty member at Mount Sinai Medical School. He has been in private practice for the past 30 years doing individual psychoanalysis and psychoanalytic psychotherapy as well as couple treatment in New York City.

The Training Institute for Mental Health offers training and services without regard to sex, age, race, religion, sexual orientation, country of origin, or ethnic background.

### Registration Form (please print):

I am registering for the **2/23/08-Psychoanalytic Self-Psychology workshop** and have enclosed a check or money order for **\$40.00 (includes \$5.00 non-refundable registration fee)** payable to: **Training Institute for Mental Health**. (The fee for Training Institute for Mental Health candidates and interns is \$20.00.)

**Send Registration to:** Registrar  
Training Institute for Mental Health  
22 West 21 Street 10th Floor  
New York, NY 10010-6904

Send Registration to reach us by 2/19/08. After 2/19 deadline, please call 212-627-8181 if you wish to attend.

Name \_\_\_\_\_ Graduate Degree \_\_\_\_\_ Bus. Phone ( ) \_\_\_\_\_ Home phone( ) \_\_\_\_\_

Address \_\_\_\_\_ Apt or Box number \_\_\_\_\_ City/State/Zip \_\_\_\_\_

**Please Indicate:** Do you wish a **Certificate of Workshop Attendance** with 3 Continuing Education hours verification, which will be sent to you after completion of workshop?: Yes \_\_\_\_\_ No \_\_\_\_\_