



Training Institute for Mental Health

Chartered by the Board of Regents of the University of the State of New York
22 West 21 Street, New York, NY 10010-6904 • 212-627-8181 www.timh.org

The Psychoanalytic Society of the Training Institute for Mental Health

Friday, February 29, 2008 7:30 P.M.

**A Journey Through Mourning or Melancholia:
A Musical Presentation**

Lee Kramer, MA, MSW

The pain connected with relinquishing the Oedipal object is one which often gets repeated by our patients in various relationships without the mourning process which would allow for true separation and maturation. Giving up the idealized object is a painful process which often leaves a person with a profound sense of loss and sadness. Many poets and composers of the romantic period were obsessed with the various feelings connected to unrequited love, which reflects this process. In particular, a number of song cycles from the nineteenth century delve into the passions and injuries experienced by the post-adolescent lover on his journey to adulthood. Are they able to go through the grieving process required for moving on, or do they become stymied by their rage and end in a depressive cycle. In this presentation we will hear the emotional development depicted in three of the greatest of these song cycles [**“Dichterliebe”** (**“Poet’s Love”**) by Schumann and Heine, **“Winterreise”** (**“Winter Journey”**) by Schubert and Muller, and **“Lieder Eines Fahren Gesellen”** (**“Songs of a Wayfarer”**) by Mahler] – works which touch both our hearts and our minds.

Lee Kramer, MA, MSW, is the Assistant Director of Training at TIMH, where he also teaches, is a training analyst and senior supervisor. In addition he is on the board of the Psychoanalytic Practitioners of Long Island and is past president of the Nassau Chapter of the NYSSCSW. He is in private practice in Manhattan and Lawrence, NY.

Refreshments will be served.

Please RSVP: 212-627-8181 ext 53

Fee: \$35.00

Free to Psychoanalytic Society Members and TI Students & Interns

Registration Form (please print):

I am registering for the **2-29-08 A Journey Through Mourning or Melancholia presentation.**

I am a TI Student or Intern of the Training Institute.

I am a paid-up current member of the Psychoanalytic Society of the Training Institute.

I am not a Psychoanalytic Society member and have enclosed a check or money order for **\$35.00** payable to **Psychoanalytic Society of TI. Send Registration to:**

Psychoanalytic Society
Training Institute for Mental Health
22 West 21 Street 10th Floor
New York, NY 10010-6904

Name _____ Bus. Phone () _____ Home phone () _____

Address _____ Apt or Box number _____ City/State/Zip _____